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Reach the Beach 2009



A Cyclist Reaches the Beach in Pacific City, in Summer of 2009

Reach the Beach is an annual road ride for cyclists, in support of the American Lung Association in Oregon. The event has four starting points but everyone converges at one finish line, the beach, in Pacific City, Oregon, near Haystack Rock and Cape Kiwanda. Specifically, the finish line is right in front of the Pelican Pub on the Pacific City beach, right across the street from the Stimulus Cafe.

The 2009 Reach the Beach event was held on Saturday, May 16. The length of the bike ride varies according to the starting point. But no matter what your biking skill might be, there's should be a route for you to enjoy.

The shortest route starts from Grand Ronde. This 26-mile route starts at the site of the new Pow-wow grounds. Novice bikers will enjoy this short ride along the Little Nestucca River, toward the beach. Its moderate hills should not pose any challenge at all to riders.

Then there's the 55 mile ride from Amity to Pacific City Beach. They say this is the best first ride of the season, and I tend to agree with them. The ride will take you past various scenic views, along vineyards, through farmlands, and on a tour along the Little Nestucca River.

The "Salem to the Beach" route is an eighty-mile ride that starts in a scenic wine region. The itinerary includes a tour around Eola Hills and gives the riders a view of rolling farmlands and orchards. Then it takes the riders through the forests and end at the sound of the waves in Pacific City.

The longest route is the ride from Portland to the Beach. This century ride should only be taken by experienced bikers. The first half of the ride features a big climb, right from the start. Then it passes through scenic hills and farmlands. The last half of the route takes riders through the Amity area. It involves riding alongside streams, vineyards and trees. While the first half of the ride does have a large climb, other than that, the route is flat, and the views are stunning.

The final destination of every route is Pacific City, in Tillamook County. The riders converge at the Pelican Pub, located at the beach of Cape Kiwanda. Riders can then hold their bicycles up victoriously in front of Haystack

Rock for their final photo.

By participating in the Reach the Beach event, an individual helps the American Lung Association in Oregon with their fight against lung disease, such as emphysema, lung cancer, and asthma. The event promotes concepts of good health and good exercise. People can donate to the association in a rider's name. Any amount will do.

Not only do riders enjoy the sights along the way, and get a good bit of exercise, they helped promote a good cause.

You can also find this article published on [Reach the Beach 2009](#), and on the tag pages [Beach](#), [Cape Kiwanda](#), [Haystack Rock](#), [Nestucca](#), [Oregon](#), [Pacific](#), [Pacific City Beach](#), [Pacific City Beach](#), [Tillamook](#).